

PB2 Day 1

Session 1

- Admin, housekeeping and introductions
- Describe what's going to be happening and what's covered
- RYA method: teaching models EDICTS & PAME, safe, smooth
- Launch/ recovery from trailer
- Tides
- Weather forecast
- Knots – bowline, round turn and two half hitches, sheet bend, clove hitch and tying off to a cleat

Session 2

- PPE – warm clothing, headgear, buoyancy, waterproofs,
- Boat Familiarisation
 - Balancing the boat and remaining seated
 - Parts of the boat
 - Safety items – lines, knife, flares, radio, torch, fuel, anchor, kill cord, paddle, pump, 1st aid kit,
 - Controls and operation
 - Pre-start checks

Session 3

- Slow speed manoeuvres: communication with crew, circles, pivot points, stopping boat using elements – transits
- Holding off
- Planing speed manoeuvres S-turns, U-turns
- Engine trim
- Anchoring
- Debrief and summary
- Homework - students to identify low tide time, high tide time, weather forecast for the second day.

PB2 Day 2

Review of day 1 and homework

Session 4 introductions to:

- Colregs and buoyage
- Charts & GPS
- Hand-held compass
- Fixing position
- Passage planning

Session 5

- Coming alongside & leaving
- Confined turn
- Picking up a mooring
- MOB
- Towing another boat
- Summarise and review – other courses available.